Practice Policy

Vince Lomardi once said, "Perfection is not attainable,
but if we chase perfection we can catch excellence."

Practice is far to often the unpopular partner to success. If you practice weekly you advance slowly if you practice daily the jump is large. The difference between ordinary and extraordinary is practice.

In Article II, Section II, paragraph F of the TVYFL handbook it states. **Minimal practice times** (football and cheer) required to participate in games are as follows:

1. 4-day practice weeks- No less than 2 days of practice for Jr. Novice, Novice, JV and Varsity
2. 3- day practice weeks- No less than 2 days of practice for Jr. Novice, Novice and JV and Varsity
3. School and church activities/camps are exceptions to the rules listed above
4. Exceptions outside of school or church will be dealt with by the local board on a case by case basis.

Packers practices are different each week. New skills are learned, problem areas are corrected, and new plays/stunts taught. Your child will be at a disadvantage by not making practice on time and regularly. Safety issues can arise if your child does not know what to do.
That being said and due to issues in past seasons, The Packer Board in conjunction with the head coaches of all 8 squads have agreed upon an additional stipulation that will require more diligence when it comes to practice.

Your child must be to ALL practices during the week, meaning a 4-day practice week equals 8 hours of and a 3- day practice equals 6 hours. If his/her absence is due to illness, we ask for a doctors note to accompany them to the next practice or game. **If your child misses one practice he/she will not be allowed to play in that week's game.**
Your child must also come fully dressed in all equipment to every practice.

Player Name_____
Parent/Guardian Signature_____ Date_____